

# Heka

Shiatsu shoulder massager

# Important Safety Instructions

When using UVI Heka make sure to follow all the instructions and necessary precautions listed in this user manual. UVI Heka is unlikely to help with chronic pain, but it can have some therapeutic effects when used correctly. However, used in excess or inappropriately, it can cause injury. UVI Heka should be used in moderation and should not be used for excessive periods of time.

**Please read all safety instructions and warnings before using the product for the first time!**



Do not operate UVI Heka under a blanket or a pillow. Allow the heat to dissipate otherwise, ~~the product can~~ overheat, which can lead to injury, electric shock, or fire.



Do not use in environments with high temperatures or humidity since it could lead to electric shock or fire. If the product overheats, let it cool down for 30 minutes.

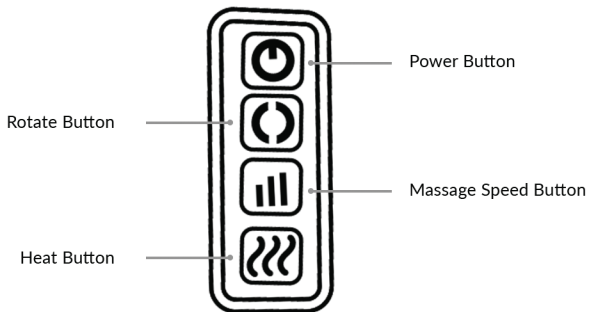
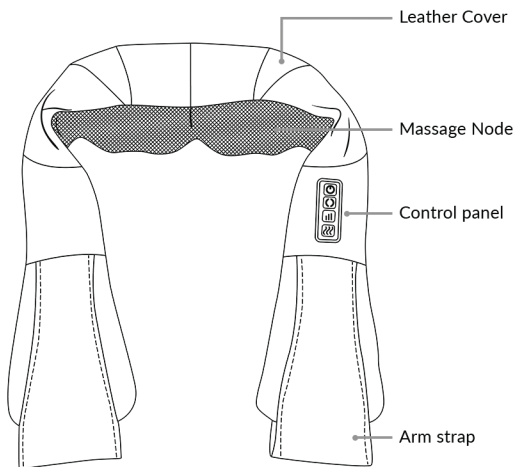


UVI Heka should not be used by children or people with chronic illnesses, reduced physical, sensory or mental capabilities. Pregnant women should consult a doctor.



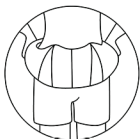
When the product is not in use, please switch the power off. Do not leave the product unattended when plugged in and never use the product while sleeping or napping.

# Qucik product overview



# Product Operation Guide

1. To activate the device press the "Power Button" on the control panel.
2. Press the "Heat Button" to turn on the heat function. When the heat function is turned on, you can see massage nodes light up red.
3. UVI Heka automatically changes massage direction every 30 seconds. If you wish to do it manually, press the "Rotate Button".
4. To change the massage speed, press on the "Massage Speed Button". You can choose between three different frequencies.



# Tips and Warnings

1. When using the product for the first time limit the use to 5 minutes or less, to allow your body to adjust to the experience.
2. UVI Heka will switch off automatically after 15 minutes. Please wait for at least 15 minutes before using it again. Excessive use could lead to overheating or shortened lifespan of the product as well as injuries.
3. To soften the massage pressure, place a dry towel between yourself and the product.
4. Do not use the product if you have a swollen or inflamed area, a skin disorder, or an open wound.
5. UVI Heka is not intended for medical use, nor shall it be used as a replacement for medical attention. The sole intended purpose of the product is to provide massage.

# Cleaning and storage



Store UVI Heka in a dry, dust-free location with with temperature between 15 do 30° and 30 - 70% relativ humidity. Ensure that the product is not exposed to direct sunlight.



Before cleaning, make sure that UVI Heka has been turned off and that the adapter is plugged out from the outlet. Use a dry cloth to clean PU leather parts.



To prevent damage and discoloration, do not clean UVI Heka with corrosive detergent. Do not wash it in the washing machine and keep it away from the water.



Do not apply excessive pressure to massage heads. If excessive force over 50 kilograms is applied directly, it may damage the product and invalidate the warranty.

If you encounter any problems, do not hesitate to contact us via our email [info@uvihealth.com](mailto:info@uvihealth.com) for help. More information and tips on how to use UVI Heka to its fullest can be found at our website [www.UVIHealth.com](http://www.UVIHealth.com).

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